Q magnets products are based on features such as alternating magnetic poles, size, pull force, flux plate, casing and more. For a comprehensive list, refer to our website: **Qmagnets.com/products**

Model Reference Guide

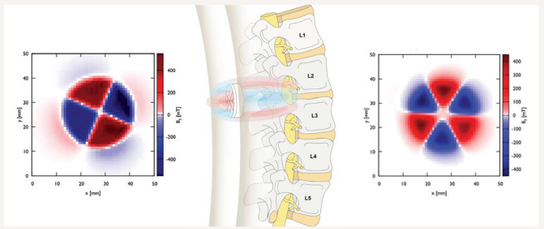
Use this reference guide and your clinical reasoning for device selection and placement.

Model	Penetration Depth	Common Applications	Price (AUD)
Q35 Blanket	50 mm	Whole-body magnetic mat (Large)	$ 1490
Q28 Blanket	50 mm	Whole-body magnetic mat (Medium)	$ 1235
Q13 Blanket	50 mm	Half-body magnetic mat (Small)	$ 725
OF50-3	35 mm	SIJ, Lx and Tx-Spine, haematoma	$ 167
QF28-6	50 mm	Lx and Tx-Spine, hip	$ 79
QF28-3	48 mm	Lx, Tx and Cx-Spine, PSIS, knee, shoulder, hip, tooth	$ 69
HF28-3	25 mm	Knee, Cx and Tx-Spine	$ 77
HF20-3	16 mm	Cx-Spine, knee, ankle, elbow	$ 46
QF20-5	33 mm	Cx-Spine, knee	$ 48
QF20-4	32 mm	Cx-Spine, knee, ankle, elbow	$ 45
QF20-3	31 mm	Cx-Spine, knee, ankle, elbow	$ 42
QF20-2	30 mm	Ankle, elbow	$ 39
QF15-3	25 mm	Cx-Spine, wrist, elbow, ankle	$ 25
QF15-2	24 mm	Wrist, elbow, ankle	$ 23
QF10-3	15 mm	Acupuncture/trigger points, wrist	$ 16
QF10-2	14 mm	Acupuncture/trigger points, wrist	$ 14
Q6-1.5	5 mm	Acupuncture/trigger points, finger	$ 6

All models are made from 45 MGOe (N45) Neodymium Rare Earth with a 13,500 Gauss (1.35 Tesla) rating.

Naming convention: Q - Quadrapolar; H - Hexapolar; O - Octapolar; F - Flux Plate; 1st Number - diameter in mm; 2nd Number - thickness of magnet in mm. For example, QF20-2 is a Quadrapolar magnet with an attached flux plate of 20mm diameter and 2mm thick.

While the depth of penetration does not vary greatly between models of the same diameter, the thicker the magnet, the denser and stronger the magnetic flux So as a general rule, use the thickest device that is comfortable and practical to wear. The larger devices cost a little more, but have more applications for future use.



neuro magnetics

Q magnets are a therapeutic magnet manufactured by Neuromagnetics Australia Pty Ltd.

Neuromagnetics Australia Pty Ltd

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www.Qmagnets.com

Practitioner Reference Guide

Pain relief and injury recovery solutions with Q magnets.

magnets

Q magnets are designed and manufactured based on scientific evidence and application is based on clinical trials and the feedback of thousands of patients treated by medical professionals.

Rapid pain relief

Q magnets may provide rapid pain relief effects with peak action observable within 3–5 minutes of application. Q magnets produce an optimised magnetic field that has physiologic effects on pain hypersensitivity, nerve conduction, inflammation, blood flow and tissue healing.

Long-term uses

Most patients will appreciate the soothing magnetic field from Q magnets and will want to purchase a set of their own. As Q magnets can be fast acting, these are an excellent addition to any first aid kit.

Wide-range of magnetic devices

Q magnets come in more than 40 models, making it possible for you to find the best static magnet to reach the most pain gathering nerves. We also offer magnet kits to make it easy for your clients to own a small set for themselves from your referral.

Changing people's lives, one pain at a time.

Qmagnets.com

Q magnet applications

Q magnets produce an optimised field that has physiological effects on pain hypersensitivity, nerve conduction, inflammation, blood flow and tissue healing.

The target tissue should be accurately identified and the corresponding Q magnet model selected with adequate surface area and depth of penetration so that the field will envelop the tissue.

Application Basics:

1. Active side is opposite to that of the flux plate, i.e. the label should always be facing away from the body.

2. Orientation arrow to point up towards the head, so the nerve travels along the therapeutically active part of the magnet, i.e. the narrow band at the four interpole boundaries.

3. With multiple devices, keep them separated by the width of the device with up to 2cm separation.

Acute Pain	Place directly over area of trauma, if possible capturing the entire area with the matching size device.
Chronic Pain	Identify and treat the original site of injury and in addition, treat centrally at the spinal segments by placing magnets over the interspinous spaces. Follow your clinical reasoning by looking at imaging reports, patient feedback, palpation and dermatomes.

For best results, the ideal target tissue for Q magnet application is the nervous system, enthesis and trigger/acupuncture/Ah shi points.

By their very nature, the larger joints such as hip, SIJ, shoulder and lowe back will require the larger devices so there is adequate area and depth of field to capture the target tissue.

Common applications

Q™ magnets

Refer to our online guide for more information on effective placement: www.Qmagnets.com/bodymap.php

Efficacy of the device can depend on the accuracy of the placement.

As a general rule, the more accurate the placement, the smaller the device required for efficacy. Consider though, that for long term self-management, the patient might be better off with the next size model up to allow for greater placement tolerance.

It is recommended to start with the basic placements that the neurologist Dr Holcomb developed over many years and thousands of patients.

Condition	Device	Application
Fibro or whole-body pain	**Q28 or Q13**	Use Q blanket or mattress topper
Trochanteric bursitis	**OF50-3**	Directly over bursa, postero-lateral to trochanter
Trigeminal Neuralgia	**QF28-3/QF20-3**	QF20-3 or QF28-3 over TMJ or trigeminal ganglion and one centrally over the occiput at basilar artery
Discogenic pain	**OF50-3, QF28-3/6**	Over the disc (interspinous space), sometimes multiple levels
Whiplash	**QF20-3, QF28-3**	Cx-Spine, muscle belly of trapezius (2cm either side of C7)
Lateral epicondylitis	**QF20-3/2**	Directly over lateral epicondyle/tendon tear
Arthritis	Joint dependent	Over the joint line
Diabetic neuropathy	**Q6-1.5, QF28-3**	Q6-1.5 on feet and QF28-3 over popliteal
Heel Spur	**QF28-6/3, QF20-2**	S2 and over heel
Sciatica	**OF50-3, QF28-6/3**	L4/5, L5/S1 and PSIS
OA Knee	**QF20-3 or QF28-3**	Medial and lateral joint line

Q blankets

Revolutionising Magnetic Field Therapy since 2009

Our newest innovation, the Q Blankets are a revolution in themselves - the world's only multipolar magnetic field pads.

Use as a magnetic mattress pad or a blanket/throw-over for maximum comfort and rapid recovery effects. With 13, 28 or 35 of our most powerful rare-earth magnets (Q28-3), Q Blankets stimulate regeneration and provide immense relief. High quality polar fleece fabric provides the most comforting sleep-time magnetic blankets. Shipped free worldwide with a 30-day customer satisfaction guarantee.